SLTBR Annual Meeting 1995 Program

Program from the 7th Annual Meeting, Frankfurt, June 9-11, 1995
Under the direction of Anna Wirz-Justice, Wilfried K. Kohler, Raymond W. Lam

Keynote Lectures

- G. Fleissner: Light as a zeitgeber - a phylogenetic approach
- H. W. Korf: Neuroanatomy and cell biology of the mammalian circadian system
- J. Stehle: Molecular biology of the mammalian circadian system.

Education Program

- Andres Magnusson: SAD - Clinical presentation, differential diagnosis, and epidemiology
- Raymond Lam: Clinical use of light therapy in SAD
- Charmane Eastman: Placebo effects in clinical studies
- Dan Oren: Psychobiology of SAD
- Alexander Neumeister: Medication treatments in SAD
- Bjorn Lemmer: Chronopharmacology
- Jurgen Zully: Light treatment of shiftwork and jet lag

Workshops

- Light and Architecture, Weather and Well-being, Methods for Phase Shifting
  Charmane Eastman, Wilfried Kohler, Josephine Arendt, Carl Hagfors, Anna Wirz-Justice

Oral Presentations

- Young MA, Meaden PM, Eastman CI: Sad Symptoms Onset As A Function of Calendar and Episode Time.
- Avery D, Bolte MA, Ries R: Dawn Simulation Treatment of Abstinent Alcoholics with Winter Depression: A Controlled Study.
- Kripke DF, Rex KM, Cole RJ: Critical Interval for Light Treatment of Depression?
- Endo T, Sasaki M, Suenaga K: Morning Bright Light Lowered Temperature and Increased REM Sleep During Initial Part of Sleep.
- Terman M, Terman JS: Phase Shifts in Melatonin and Sleep Under Light Therapy for Winter Depression.
Poster Presentations

- Schlager DS, Schwartz JE: *Seasonal Variation in Human Neo-Natal Mortality*.
- Anderson JL, Mooney JJ, Peteet JR, Meyer SE: *SP4Q and Seasonality: The Women are SAD and the Men are Subsyndromal -- Is it a Problem*.
- Hagfors C, Thorell L-H, Arned M: *Seasonality in Finland and Sweden, an Epidemiologic Study, Preliminary Results*.
- Danilenko KV, Putilov AA: *Factors Affecting the Typical Clinical Picture of SAD*.
- Krauchi K, Reich S, Wirz-Justice A: *Carbohydrate Eating in SAD is ‘Emotional’*
- Habrat E, Swieciecki L: *Differences in Personality Dimensions Between SAD and Non-SAD Patients*.
- Putilov AA, Danilenko KV, Palchikov VE, Schergin SM: *The Multiple Sleep Latency Test in Seasonal Affective Disorder: No Evidence for Increased Sleep Propensity*.
- Magnusson A: *Light Therapy in Collage Students with Symptoms of Winter Depression*.
- Partonen T, Lonqvist J: *Prevention of Winter Seasonal Affective Disorder By Bright Light*.
- Meesters Y, Beersma DGM, Bouhuys AL, van den Hoofdakker RH: *Preventing SAD by Using Light Visors: Bright White or Infrared Light?*
- Ozaki N, Goldman D, Schwartz PJ, et al: *A Search for Serotonin-Related Candidate Genes in Patients with Seasonal Affective Disorder (SAD)*.
- Volk NV, Senkova NI, Golubev AM, Pasinkova NR: *Winter Depression and Bright Light Effects on Hemispheric Functions*.
- Simmermann U, Reibenweber J, Wildt L: *Does Between-Subject LH-Pulse Coincidence Reveal An External Zeitgeber for Circhoral Rhythms?*
- Ancoli-Israel S, Jones D, Martin J, Khazeni N, Kripke DF: *Circadian Rhythms, Sleep, Light Exposure and Dementia*.
- Moog R: *Circadian Phase Adjustment in Blind Persons*.
Fey P, Koehler WK, Pflug B: *Monitoring of Daily Fluctuations of Depressive Mood by the Bright-Dark-Scale - A New Tool for the Assessment of Daily Mood Patterns.*

Volk S, von Nessen S, Georgi K, Pflug B: *Polygraphically Defined Structure of Wakefulness as a Tool for Studying Sleep Deprivation Response in Depressive Patients.*

Yaron D, Hila S: *Characteristics of Sleep-Wake Schedule Disorder (SWSD) Patients.*