The 10th Annual Meeting of the SLTBR in 1998 was memorable for being the first joint meeting with the Society for Research on Biological Rhythms (SRBR).

Under the capable direction of program chair, Dr. Anna Wirz-Justice, there was an outstanding scientific program ranging from molecular neuroscience to clinical applications of light. One of the highlights was the joint SLTBR/SRBR/SRS symposium discussing the history and future directions of the biological rhythms community.

The scientific program was greatly enhanced by the fabulous weather and the wonderful resort setting of Amelia Island, Florida. For more on this beautiful destination, check here.

A brief summary of the meeting was written by science writer, Lynne Lamberg, and published in the Journal of the American Medical Association. For the full text, see the JAMA site.

The SLTBR program is listed below:

1998 SLTBR ANNUAL MEETING PROGRAM

Friday, May 8, 1998

8:30 - 10:30 SYMPOSIA

• By the Dawn’s Early Light: Effects of Twilight on Entrainment
  Chair: A. Wirz-Justice

• Mechanisms of Rhythmic Transcription
  Chair: P. Hardin

• Evolutionary and Comparative Studies of Circadian Systems
  Chair: C. H. Johnson

10:30 - 11:00 Coffee Break
11:00 - 13:00 SLIDE SESSIONS SRBR/SLTBR

15:30 - 16:30 SLTBR BOARD MEETING

16:30 - 18:30 WORKSHOPS

• Chronobiologic Studies of Melatonin in Humans
  Discussion Leader: A. J. Lewy

• What Value Should We Place on Human Tau?
  Discussion Leaders: T. H. Monk and S. S. Campell

• Pacemaker Cells in Insects
  Discussion Leader: D. Saunders

• Why the Cultured Retina Should Replace the SCN as the In Vitro Model of Choice
  Discussion Leader: M. Menaker

18:30 - 19:30 SRBR BUSINESS MEETING

20:00 --- POSTER SESSION SRBR/SLTBR

Saturday, May 9, 1998

8:30 - 10:30 SYMPOSIA

• The Impact of Blindness on Human Circadian Rhythms
  Co-chairs: J. Arendt and A. J. Lewy

• Molecular and Cellular Interactions in the SCN
  Chair: S. M. Reppert

• The Role of Clocks in Photoperiodic Flower Initiation
  Chair: C. R. McClung

10:30 - 11:00 Coffee Break

11:00 - 13:00 SLIDE SESSIONS SRBR/SLTBR

16:30 - 18:00 PITTENDRIGH MEMORIAL LECTURE
Serge Daan

18:00 - 19:00 SLTBR BUSINESS MEETING

20:00 --- COMBINED BANQUET SRBR/SLTBR

Sunday, May 10, 1998

8:30 - 10:30 SLTBR ROUNDTABLE DISCUSSION

Chairs: Anna Wirz-Justice (SLTBR), Mary Carskadon (SRS), Larry Morin (SRBR)

Invited participants:
SLTBR: Ray Lam, Al Lewy, Dan Oren, Norm Rosenthal, Michael Terman
SRS: Mary Carskadon, Chuck Czeisler, Dave Dinges, Tim Roehrs
SRBR: Jay Dunlap, Fred Turek
ISC: Rae Silver, Jim Waterhouse
and: Christine Acebo, Jo Arendt, Stuart Armstrong, Scott Campbell, Charmane Eastman, Dan Kripke, Masako Okawa, Eve van Cauter, Tom Wehr

TOPICS
1. Introduction: a history of light therapy (Tom Wehr)
2. A decade of SLTBR: Why it began and what it has achieved (Michael Terman)
3. Light therapy around the world: how it is accepted and used
   Stuart Armstrong (Australia), Bengt Kjellman (Scandinavia), Wilfried Köhler (Germany), Ray Lam (Canada), Alexander Neumeister (Austria), Masako Okawa (Japan), Dan Oren (USA), Anna Wirz-Justice (Switzerland).
4. Summary of new applications.
   Light in circadian sleep disorders (Scott Campbell)
   The reality of applications in shift work (Charmane Eastman)
   Melatonin overview (Jo Arendt)
5. The future of applied chronobiology
   Scenario 1 Al Lewy SLTBR
   Scenario 2 Dave Dinges SRS
   Scenario 3 Fred Turek SRBR
   with Mary Carskadon, Chuck Czeisler, Dan Kripke, Tim Roehrs, Eve van Cauter, Tom Wehr
6. Functional issues (suggested themes)
   * Coordination of teaching issues (diagnosis/therapy)
   * Consensus statements
   * LTBR Bulletin - a newsletter for the SRBR as well? To provide in-between-meetings information.
   * Public/patient brochures on light therapy, melatonin
   * Standards, e.g., with respect to medical devices (lamps) or melatonin (what else is in those pills?)
   * Patents
   * Publicity