

33rd Annual meeting of the
Society for Light Treatment and Biological Rhythms:
Light and the circadian clock - from bench to bedside

GMT	Thursday, June 23 rd , 2022 - Basic circadian science
09:00 - 09:15	Marijke Gordijn, PhD, Groningen, the Netherlands <i>Welcome address from SLTBR president</i>
09:15 - 09:30	Timothy Brown, PhD, Manchester, United Kingdom <i>Welcome address by local host</i>
09:30 - 12:00	Symposium I Chair: Mirjam Münch, PhD & Victoria Revell, PhD
09:30 – 10:00	Beatriz Bano-Otalora, PhD, Manchester, United Kingdom <i>"Let there be light: Impact of daytime light intensity on circadian rhythms in a diurnal mammal"</i>
10:00 – 10:30	Andrew Loudon, PhD, Manchester, United Kingdom <i>Title: TBD</i>
10:30 – 11:00	Coffee break
11:00 – 11:30	Laura Kervezee, PhD, Leiden, the Netherlands <i>Title: TBD</i>
11:30 – 12:00	Valerie Simonneaux, PhD, Strasbourg, France <i>"Light regulation of female reproductive cycles"</i>
12:00 - 13:00	Lunch break / Board meeting
13:00 - 14:30	Oral Session I Chair: John Hanifin, PhD
14:30 - 15:00	Coffee break
15:00 - 17:00	Young Investigator meeting Chair: Renske Lok, PhD & Patrycja Orłowska-Feuer, PhD
17:00 - 17:30	Data blitz Chair: Renske Lok, PhD
17:30 - 20:30	Poster exhibition & welcome reception <i>Posters, wine, and cheese</i>

GMT	Friday, June 24 th , 2022 - Translational circadian science
08:30 – 09:30	General assembly
09:30 – 12:00	Symposium II Chair: Nina Milosavljevic, PhD & Katharina Wulff, PhD
09:30 -10:00	Gilles Vandewalle, PhD, Liège, Belgium <i>"High resolution imaging of the non-image-forming impact of light on the human brain"</i>
10:00 – 10:30	Louise Ince, PhD, Austin, Texas, United States of America <i>"Circadian regulation of neuroimmune function: Implications for cognition & behavior"</i>
10:30 – 11:00	Coffee break
11:00 – 11:30	Elizabeth Klerman, MD, PhD, Boston, United States of America <i>"Time of day effects related to human response to COVID-19"</i>
11:30 – 12:00	Kun Hu, PhD, Boston, United States of America <i>"Decoding the information in spontaneous physiological fluctuations: Application of nonlinear dynamic approaches in sleep medicine, mood disorders, and aging research"</i>
12:00 – 13:00	Lunch break / SLTBR Members meeting
13:00 – 14:00	Oral Session II Chair: TBD
14:00 – 15:00	Industrial Symposium
15:00 – 15:30	Coffee break
15:30 – 16:30	Year in Review Chair: Dorothy Sit, MD
15:30 – 15:50	Tim Brown, PhD, Manchester, United Kingdom <i>Year in Review: "No longer in the dark? The latest bright ideas from human chronobiology"</i>
15:50 – 16:10	Nina Milosavljevic, PhD, Manchester, United Kingdom <i>Year in Review: "Chronobiology of rodents: challenges and advances"</i>
16:10 – 16:30	Nicholas Meyer, MD, London, United Kingdom <i>Year in Review: "Chronobiology in psychiatry - how far have we come, and where do we go from here?"</i>
18:00 –	SLTBR Conference Dinner Chair: Marijke Gordijn, PhD & Christian Cajochen, PhD

GMT	Saturday, June 25 th 2022 - Clinical circadian science
08:00 – 10:00	CME teaching course: Melatonin and melatonin usage Chair: Corrado Garbazza, MD, PhD
08:00 – 08:40	Victoria Revell, PhD, Surrey, United Kingdom <i>"Melatonin: how to tell and change the time of the circadian clock"</i>
08:40 – 09:20	Shantha M.W. Rajaratnam, PhD, Melbourne, Australia <i>"Melatonin in the treatment of Delayed Sleep-Wake Phase Disorder: Towards a circadian medicine approach"</i>
09:20 – 10:00	Pierre Geoffroy, MD, PhD, Paris, France <i>"Melatonin in adults with neuropsychiatric disorders"</i>
10:00 – 10:30	Coffee break
10:30 – 11:00	TBD
11:00 – 11:30	Panel Discussion <i>With all speakers</i>
11:30 – 13:00	Symposium III Chair: Christian Cajochen, PhD & Rob Lucas, PhD
11:30 – 12:00	Aleksandar Videnovic, MD, Boston, United States of America <i>"Light therapy in neurodegenerative disorders"</i>
12:00 – 12:30	Shantha M.W. Rajaratnam, PhD, Melbourne, Australia <i>"Light and melatonin interventions following traumatic brain injury"</i>
12:30 – 13:00	Corrado Garbazza, MD, PhD, Boston, United States of America <i>"Sleep and chronotype during pregnancy, and the bright light treatment of perinatal depression"</i>
13:00 – 13:30	Lunch
13:00 – 14:00	Oral Session III Chair: TBD
14:00 – 15:00	Derk-Jan Dijk, PhD, Surrey, United Kingdom <i>Keynote Speaker</i> <i>Title: TBD</i> Chair: Marijke Gordijn, PhD