

**35th Annual Meeting of the Society for Light Treatment and Biological Rhythms
Preliminary Program**

CET	Thursday, June 20th, 2024
08:00 – 09:00	Registration
09:00 – 09:10	Welcome President Prof. Christian Cajochen
09:10 – 12:00	Symposium I: Circadian Medicine
09:10 – 09:20	Introduction to circadian health
09:20 – 09:50	Manuel Spitschan, Technische Universität München Light parameters workshop
09:50 – 10:20	Lenka Maierova, Czech Technical University Light therapy in the clinic – limits and possibilities
10:20 – 10:45	Coffee Break and Exploring Vendors
10:45 – 11:15	Jonathan Johnston, University of Surrey
11:15 – 11:45	<i>TBD</i>
11:45 – 12:00	Panel Discussion
12:00 – 13:00	Lunch and Exploring Vendors
13:00 – 14:15	Symposium II: Basic Science
13:00 – 13:25	Jeffrey Hubbard, University of Lausanne Dissecting and modeling photic and melanopsin effects to predict sleep disturbances induced by irregular light exposure in mice.
13:25 – 13:50	<i>TBD</i>
13:50 – 14:15	Michal Zeman, Comenius University Bratislava Disturbance of hormonal circadian rhythms by light pollution
14:15 – 14:45	Coffee Break and Exploring Vendors
14:45 – 16:15	Young Investigator Meeting
16:15 – 17:00	Data Blitz
17:00 – 19:30	Poster Session Reception and Exploring Vendors

CET	Friday, June 21st, 2024
09:00 – 10:15	Symposium III: Industry Symposium Topic: How to contribute to the future of circadian health
09:00 – 09:20	Presentation Gold Sponsor
09:20 – 10:15	Panel discussion with all sponsors
10:15 – 10:45	Coffee Break and Exploring Vendors
10:45 – 12:00	Oral Session I
12:00 – 13:00	Lunch and Exploring Vendors
13:00 – 14:15	Oral Session II
14:15 – 14:45	Coffee Break and Exploring Vendors
14:45 – 16:00	Symposium IV: Translation Science
14:45 – 15:10	Sebastian Holst, Roche
15:10 – 15:35	Lauren Hartstein, University of Colorado Boulder
15:35 – 16:00	Shanta Rajaratnam, Monash University
16:00 – 17:15	Oral Session III
19:00 – late	SLTBR Gala Dinner

CET	Saturday, June 22nd, 2024
09:00 – 10:00	Members Meeting
10:00 – 10:30	Coffee Break and Exploring Vendors
10:30 – 12:00	Year in Review
10:30 – 10:55	Year in Review – Basic
10:55 – 11:20	Year in Review - Translational
11:20 – 11:45	Year in Review – Clinical
11:45 – 12:00	Year in Review – Panel Discussion
12:00 – 13:00	Lunch (and Board Meeting) and Exploring Vendors
13:00 – 14:15	Symposium V: Clinical Science
13:00 – 13:25	Sabra Abott, Northwestern University
13:25 – 13:50	Tami Martino, University of Guelph
13:50 – 14:15	<i>TBD</i>
14:15 – 14:45	Coffee break and exploring vendors
14:45 – 15:45	Keynote
	Satchin Panda Circadian rhythms and time-restricted eating in health and disease
15:45 – 16:00	Awards and Closing Remarks